



Washington Interscholastic Activities Association  
**HIGH SCHOOL and MIDDLE SCHOOL BASEBALL PITCH COUNT RULE**

Approved by the WIAA Executive Board on third and final reading  
January 29-30, 2017

The previous pitcher limitation based upon innings will be replaced with the following pitch count limitation beginning with the 2017 spring season.

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**29.0.0 SENIOR HIGH SCHOOL BASEBALL, page 55**

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**29.5.0 PITCHER LIMITATION**

**29.5.1** The pitching limitation rule applies during all regular season and postseason games, as well as to tied, suspended, discontinued or protested games.

**29.5.2** The pitching limitation rule is based upon the number of pitches thrown during a calendar day with a maximum of 105 pitches in a calendar day.

**29.5.3 High school pitching limitation**

# PITCHES	REQUIRED REST
76 - 105	3 calendar days
51 - 75	2 calendar days
31 - 50	1 calendar day
1 - 30	0 days

**29.5.4 Counting pitches**

- A. Every legal or illegal pitch thrown from the pitching mound to a batter will count toward the pitching limitation.
- B. The home scorebook will be official recording for pitch counts.

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**29.61.0 MIDDLE LEVEL SCHOOL BASEBALL, page 56**

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**29.65.0 PITCHER LIMITATION**

**29.65.1** The pitching limitation rule applies during all regular season games, as well as to tied, suspended, discontinued or protested games.

**29.65.2** The pitching limitation rule is based upon the number of pitches thrown during a calendar day with a maximum of 80 pitches in a calendar day.

**29.65.3 Middle level pitching limitation**

# PITCHES	REQUIRED REST
61 - 80	3 calendar days
41 - 60	2 calendar days
21 - 40	1 calendar day
1 - 20	0 days

**29.65.4 Counting pitches**

- A. Every legal or illegal pitch thrown from the pitching mound to a batter will count toward the pitching limitation.
- B. The home scorebook will be official recording for pitch counts.