

RECOMMENDED PROCEDURES AND EXPECTATIONS FOR CHEER SQUADS

WHEN HOSTING A SQUAD OR VISITING A SCHOOL

Cheerleaders are considered to be ambassadors of their school and should always represent the school to the highest level. Below are some recommendations that each team can follow to make the game experience a positive one for both cheer teams and their spectators.

HOME TEAM

- Greet the visiting team upon their arrival
- Escort the team to the bathrooms and locker room, if available
- Advise the team of any field/court/gym rules that are specific to the school and/or league
- Indicate cheer area
- Mutually develop a plan for cheering during time outs, quarter breaks, halftimes, etc. **Home team always performs first.**
- **Keep cheers/chants positive and in support of your team**

VISITING TEAM

- Remember that you are a guest at the school
- Know the rules of the court/field/stadium, especially since different schools and/or leagues may have additional restrictions
- Work within the area provided to cheer
- Mutually develop a plan for cheering during time outs, quarter breaks, halftimes, etc. **Home team always performs first.**
- **Keep cheers/chants positive and in support of your team**

Football Games:

- Check in with the field supervisor or home team cheer coach
- If run through signs are permitted, they must be positive and directed **ONLY** to your team
- Determine the rules of the field
 - Some schools/leagues do not allow signs and noise making devices for spectators
 - Have a typed description for the announcer to read for a half time performance
 - Coordinate the playing of the routine music with stadium personnel

Basketball Games:

- Check in with the gym supervisor or home team cheer coach
- Work within the area provided to cheer (**which may be behind your team bench**)
- Alternate cheering with the home team
 - Have a typed description for the announcer to read for a half time performance
 - Coordinate the playing of the routine music with gym personnel
- Cheering should conclude **BEFORE** a player goes to the line to shoot a free throw

Wrestling Matches:

- Check in with the gym supervisor or home team cheer coach
- Work within the area provided to cheer (**which may be on the score table side**)
- **DO NOT HIT THE MAT!**
- Alternate cheering with the home team