

**2022 WIAA 1B, 2B, 1A Track & Field Champ. - 5/26/2022 to 5/28/2022**  
**Eastern Washington University - Cheney, Wash.**  
**Meet Program**

**Event 101 Girls 100 Meter Dash 1A****8 Advance: Top 1 Each Heat plus Next 6 Best Times****Thursday 5/26/2022 - 6:35 PM**

<b>National:</b>	<b>11.14</b>	<b>1992</b>	<b>Marion Jones, Thousand Oaks (Calif.)</b>
<b>WIAA Meet:</b>	<b>11.55</b>	<b>2017</b>	<b>Aliya Wilson, Tahoma</b>
<b>1A Meet:</b>	<b>11.92</b>	<b>1996</b>	<b>LaShaunda Fowler, Foster</b>
<b>2019 1st:</b>	<b>12.44</b>		<b>Alma Manzo, Connell</b>
<b>2019 2nd:</b>	<b>12.62</b>		<b>Amelia Hewson, Northwest</b>
<b>2019 3rd:</b>	<b>12.68</b>		<b>Mali Mack, Meridian</b>

Lane	Comp#	Name	Year	School	Seed Time
<b>Heat 1 of 2 Prelims</b>					
1	3587	Sarah Bailey	10	Seattle Christian	13.53
2	3048	Jaylah Laurence	11	Cascade Christian	13.05
3	3293	Regan Parnell	11	King's	13.00
4	3011	Braelyn Baker	10	Bear Creek	12.21
5	3719	Mia Hicks	10	Zillah	12.82
6	3389	Sophie Salinas-Sanders	12	Medical Lake	12.84
7	3574	Ivy Delay	11	Royal	13.27
8	3675	Alana Bass	10	Vashon Island	13.31
<b>Heat 2 of 2 Prelims</b>					
1	3062	Molly Smith	10	Cashmere	13.36
2	3315	Sanee Walker	9	La Center	13.19
3	3165	Lauren Bonner	11	Deer Park	12.89
4	3311	Shaela Bradley	10	La Center	12.52
5	3117	Hannah Polkinghorn	12	Columbia (Wh	12.65
6	3179	Ella Allgor	12	Eastside Pre	12.90
7	3453	Kate Desilets	11	Nooksack Valley	13.09
8	3716	Alaina Garza	9	Zillah	13.34

**Event 102 Girls 200 Meter Dash 1A****8 Advance: Top 1 Each Heat plus Next 6 Best Times****Friday 5/27/2022 - 3:55 PM**

<b>National:</b>	<b>22.52</b>	<b>2003</b>	<b>Allyson Felix, Los Angeles (Calif.)</b>
<b>WIAA Meet:</b>	<b>24.13</b>	<b>1982</b>	<b>Donna Dennis, Clover Park</b>
<b>1A Meet:</b>	<b>24.45</b>	<b>1996</b>	<b>LaShaunda Fowler, Foster</b>
<b>2019 1st:</b>	<b>25.26</b>		<b>Alma Manzo, Connell</b>
<b>2019 2nd:</b>	<b>25.58</b>		<b>Grace Jackson, Cle Elum/Roslyn</b>
<b>2019 3rd:</b>	<b>25.65</b>		<b>Renea Taylor, Okanogan</b>

Lane	Comp#	Name	Year	School	Seed Time
<b>Heat 1 of 2 Prelims</b>					
1	3295	Kaci Krippner	12	King's Way C	27.55
2	3400	Lilly Causey	11	Montesano	27.30
3	3453	Kate Desilets	11	Nooksack Valley	26.95
4	3011	Braelyn Baker	10	Bear Creek	25.59
5	3719	Mia Hicks	10	Zillah	26.39
6	3165	Lauren Bonner	11	Deer Park	26.44
7	3471	Jacquie Stevens	9	Northwest	26.96
8	3576	Briana Guerrero	9	Royal	28.41

**2022 WIAA 1B, 2B, 1A Track & Field Champ. - 5/26/2022 to 5/28/2022****Eastern Washington University - Cheney, Wash.****Meet Program****Heat 2 of 2 Prelims...(Event 102 Girls 200 Meter Dash 1A)**

1	3056	Kaitlyn Bjorklund	11	Cashmere	27.69
2	3225	Aspyn Reed	9	Freeman	27.21
3	3179	Ella Allgor	12	Eastside Pre	26.78
4	3117	Hannah Polkinghorn	12	Columbia (Wh	26.07
5	3047	Kennedy Johnson	12	Cascade Christian	26.23
6	3048	Jaylah Laurence	11	Cascade Christian	26.59
7	3675	Alana Bass	10	Vashon Island	26.97
8	3574	Ivy Delay	11	Royal	27.87

**Event 103 Girls 400 Meter Dash 1A****8 Advance: Top 1 Each Heat plus Next 6 Best Times****Friday 5/27/2022 - 1:55 PM**

<b>National:</b>	<b>50.74</b>	<b>2000</b>	<b>Monique Henderson, San Diego (Calif.)</b>
<b>WIAA Meet:</b>	<b>53.83</b>	<b>2017</b>	<b>Jai'lyn Merriweather, Union</b>
<b>1A Meet:</b>	<b>55.24</b>	<b>1996</b>	<b>LaShaunda Fowler, Foster</b>
<b>2019 1st:</b>	<b>57.48</b>		<b>Alma Manzo, Connell</b>
<b>2019 2nd:</b>	<b>58.02</b>		<b>Mallory Kortuem, Coupeville</b>
<b>2019 3rd:</b>	<b>58.12</b>		<b>Grace Patterson, Northwest</b>

<b>Lane</b>	<b>Comp#</b>	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Time</b>
<b>Heat 1 of 2 Prelims</b>					
1	3181	Saina Bhatt	9	Eastside Pre	1:05.35
2	3056	Kaitlyn Bjorklund	11	Cashmere	1:04.04
3	3403	Jaiden Morrison	12	Montesano	1:03.88
4	3124	Eliza Fazzari	9	Colville	1:03.18
5	3311	Shaela Bradley	10	La Center	58.35
6	3046	Isabella Hector	11	Cascade Christian	1:03.34
7	3289	Grace Hansen	11	King's	1:05.03
8	3336	Olivia Alegria	9	LaSalle	1:07.54
<b>Heat 2 of 2 Prelims</b>					
1	3130	Madalyn Jenks	12	Connell	1:06.93
2	3019	Olivia Lee	9	Bellevue Christian	1:04.17
3	3137	Emily Vanburen	10	Connell	1:03.75
4	3068	Casie Kleine	9	Castle Rock	1:01.26
5	3392	Sofia Brooks	9	Meridian (Wa)	1:02.42
6	3570	Niki Swett	10	Riverside	1:03.67
7	3346	Olivia Roberts	12	Life Christi	1:04.81
8	3180	Celeste Bell	11	Eastside Pre	1:05.60

## 2022 WIAA 1B, 2B, 1A Track &amp; Field Champ. - 5/26/2022 to 5/28/2022

Eastern Washington University - Cheney, Wash.

## Meet Program

## Event 104 Girls 800 Meter Run 1A

8 Advance: Top 2 Each Heat plus Next 4 Best Times

Friday 5/27/2022 - 2:55 PM

1-8 run in lanes, but Jenks and Feriante are listed #9 on heat sheets and will start behind the runner in lane 1.

National:	2:02.40	2011	Amy Weissenbach, Westlake (Cal.)
WIAA Meet:	2:04.10	2014	Alexa Eframson (Camas)
1A Meet:	2:10.79	2010	Maddie Meyers, Northwest
2019 1st:	2:16.53		Olivia Markezich, Bear Creek
2019 2nd:	2:18.38		Ellie Rising, Goldendale
2019 3rd:	2:18.65		Lauren Muscutt, Cascade (Leavenworth)

Lane	Comp#	Name	Year	School	Seed Time
<b>Heat 1 of 2 Prelims</b>					
1	3223	Lily Jones	11	Freeman	2:28.16
2	3340	Kathryn Snyder	12	LaSalle	2:31.40
3	3287	Grace Echelbarger	12	King's	2:21.28
4	3037	Abby Goodfried	12	Bush	2:20.11
5	3614	Naomi Atwood	10	South Whidbey	2:16.92
6	3314	Makayla Hubler	12	La Center	2:24.04
7	3310	Olivia Wildes	12	Klahowya	2:26.31
8	3333	Sadie Meyring	9	Lakeside (Ni)	2:24.05
9	3131	Morgan Jenks	11	Connell	2:33.44
<b>Heat 2 of 2 Prelims</b>					
1	3344	Gabi Martin	12	Life Christi	2:28.87
2	3313	Isabella Higgins	9	La Center	2:30.63
3	3586	Delphine Way	11	Seattle Academy	2:23.23
4	3043	Lauren Muscutt	12	Cascade (Lea)	2:19.25
5	3258	Elie Bassett	12	Granite Falls	2:19.62
6	3074	Teegan Silva	12	Chelan	2:24.04
7	3592	Avery Garrison	10	Seton Catholic	2:25.18
8	3529	Camryn Hines	11	Port Townsen	2:25.46
9	3435	Katrina Feriante	11	Naches Valley	2:33.90

## 2022 WIAA 1B, 2B, 1A Track &amp; Field Champ. - 5/26/2022 to 5/28/2022

Eastern Washington University - Cheney, Wash.

## Meet Program

## Event 105 Girls 1600 Meter Run 1A

Thursday 5/26/2022 - 5:35 PM

Runners listed 1-6 start in alleys in lanes 5-8; remaining competitors utilize waterfall start in lanes 1-4.

National:	4:33.29	2014	Alexa Efraimson, Camas (Wash.)
WIAA Meet:	4:33.29	2014	Alexa Efraimson, Camas
1A Meet:	4:46.85	2011	Maddie Meyers, Northwest
2019 1st:	5:00.04		Naomi Smith, King's
2019 2nd:	5:04.18		Olivia Markezich, Bear Creek
2019 3rd:	5:07.28		Alaina Stone, Colville

Lane	Comp#	Name	Year	School	Seed Time
<b>Section</b>	<b>1 of 1</b>	<b>Timed Finals</b>			
1	3614	Naomi Atwood	10	South Whidbey	5:11.66
2	3258	Elie Bassett	12	Granite Falls	5:17.98
3	3470	Isla Chadsey	11	Northwest	5:14.37
4	3344	Gabi Martin	12	Life Christi	5:20.07
5	3390	Kayla Aalpoel	12	Meridian (Wa)	5:11.44
6	3593	Alexis Leone	10	Seton Catholic	5:12.04
7	3592	Avery Garrison	10	Seton Catholic	5:23.86
8	3337	Brooklyn Gaytan	9	LaSalle	6:12.76
9	3692	Diana Camargo	11	Wapato	5:33.71
10	3589	Lara Carrion	12	Seton Catholic	5:33.44
11	3529	Camryn Hines	11	Port Townsen	5:21.71
12	3334	Matise Mulch	12	Lakeside (Ni	5:21.34
13	3309	Natalie Oathout	9	Klahowya	5:21.93
14	3043	Lauren Muscutt	12	Cascade (Lea	5:29.47
15	3437	Brooke Miles	10	Naches Valley	5:38.84
16	3333	Sadie Meyring	9	Lakeside (Ni	5:26.07

**2022 WIAA 1B, 2B, 1A Track & Field Champ. - 5/26/2022 to 5/28/2022**  
**Eastern Washington University - Cheney, Wash.**  
**Meet Program**

**Event 106 Girls 3200 Meter Run 1A**

Saturday 5/28/2022 - 12:20 PM

Runners listed 1-6 start in alleys in lanes 5-8; remaining competitors utilize waterfall start in lanes 1-4.

**National:** 9:47.88 2018 **Katelyn Touhy, Thiells N, Rockland (NY)**  
**WIAA Meet:** 10:05.81 2006 **Megan O'Reilly, Mount Spokane**  
**1A Meet:** 10:28.5h 1989 **Stacey Brown, Omak**  
**2019 1st:** 10:35.37 **Naomi Smith, King's**  
**2019 2nd:** 11:05.97 **Andrea Markezich, Bear Creek**  
**2019 3rd:** 11:08.79 **Olivia Markezich, Bear Creek**

Lane	Comp#	Name	Year	School	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
1	3390	Kayla Aalpoel	12	Meridian (Wa)	11:09.97
2	3593	Alexis Leone	10	Seton Catholic	10:48.28
3	3533	Aliyah Yearian	10	Port Townsen	11:43.19
4	3334	Matise Mulch	12	Lakeside (Ni)	11:45.30
5	3309	Natalie Oathout	9	Klahowya	11:46.39
6	3470	Isla Chadsey	11	Northwest	11:44.75
7	3042	Caroline Menna	9	Cascade (Lea)	12:39.65
8	3693	Betzabeth Zaragoza	10	Wapato	13:14.05
9	3589	Lara Carrion	12	Seton Catholic	11:49.32
10	3435	Katrina Feriante	11	Naches Valley	13:06.63
11	3437	Brooke Miles	10	Naches Valley	12:35.13
12	3344	Gabi Martin	12	Life Christi	11:48.33
13	3290	Sophia Inglin	9	King's	11:49.43
14	3357	Maya Ewing	12	Lynden Christian	11:46.49
15	3264	Jane Roloff	10	Hoquiam	11:57.95
16	3387	Allison Payne	12	Medical Lake	12:12.86

**Event 107 Girls 100 Meter Hurdles 1A**

8 Advance: Top 1 Each Heat plus Next 6 Best Times

Friday 5/27/2022 - 11:20 AM

**National:** 13.03 2007 **Vashti Thomas, San Jose (Calif.)**  
**WIAA Meet:** 13.88 2001 **Ginnie Powell, Rainier Beach**  
**1A Meet:** 14.4h 1993 **Joanna Wilson, Woodland**  
**1A Meet:** 14.4h 1989 **Kelly Blair, Prosser**  
**2019 1st:** 15.08 **Amelia Hewson, Northwest**  
**2019 2nd:** 15.31 **Rachel Garrity, Lakeside**  
**2019 3rd:** 15.38 **Lindsey Roberts, Coupeville**

Lane	Comp#	Name	Year	School	Seed Time
<b>Heat 1 of 2 Prelims</b>					
1	3135	Persia Poulson	11	Connell	18.02
2	3369	Alina Veltkamp	10	Lynden Christian	17.08
3	3168	Ellie Levy	11	Deer Park	16.80
4	3307	Maggie Keenan	10	Klahowya	16.59
5	3024	Eleeshiyah Faulkner	12	Blaine	15.66
6	3395	Erica Stotts	10	Meridian (Wa)	17.02
7	3402	Jaiden King	11	Montesano	17.95
8	3099	Emma Darnold	12	College Place	19.00

**2022 WIAA 1B, 2B, 1A Track & Field Champ. - 5/26/2022 to 5/28/2022****Eastern Washington University - Cheney, Wash.****Meet Program****Heat 2 of 2 Prelims...(Event 107 Girls 100 Meter Hurdles 1A)**

1	3129	Brandy Ferguson	10	Connell	18.07
2	3534	Joceline Schaapman	11	Quincy	17.19
3	3128	Jordyn True	11	Colville	16.97
4	3015	Mia DeJonge	12	Bellevue Christian	16.37
5	3368	Avery Vanweerdhuizen	9	Lynden Christian	16.46
6	3119	Chanele Reyes	12	Columbia (Wh	16.98
7	3014	Katelyn DeJonge	12	Bellevue Christian	17.29
8	3120	Ella Zimmerman	11	Columbia (Wh	18.26

**Event 108 Girls 300 Meter Hurdles 1A****8 Advance: Top 1 Each Heat plus Next 6 Best Times****Thursday 5/26/2022 - 4:30 PM**

<b>National:</b>	<b>39.98</b>	<b>2001</b>	<b>Lashinda Demus, Long Beach (Calif.)</b>
<b>WIAA Meet:</b>	<b>42.06</b>	<b>2015</b>	<b>Darhian Mills, Inglemoor</b>
<b>1A Meet:</b>	<b>43.72</b>	<b>1995</b>	<b>Megan Franza, Cascade (Leavenworth)</b>
<b>2019 1st:</b>	<b>45.02</b>		<b>Renea Taylor, Okanogan</b>
<b>2019 2nd:</b>	<b>45.31</b>		<b>Jillian Bieker, Elma</b>
<b>2019 3rd:</b>	<b>45.82</b>		<b>Grace Patterson, Northwest</b>

<b>Lane</b>	<b>Comp#</b>	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Time</b>
<b>Heat 1 of 2 Prelims</b>					
1	3015	Mia DeJonge	12	Bellevue Christian	51.78
2	3438	Allison Smith	11	Naches Valley	51.69
3	3395	Erica Stotts	10	Meridian (Wa)	48.64
4	3168	Ellie Levy	11	Deer Park	48.61
5	3011	Braelyn Baker	10	Bear Creek	44.47
6	3126	Kalista Malone	9	Colville	49.58
7	3641	Jessica Roesler	11	Sultan	49.59
8	3135	Persia Poulson	11	Connell	53.76
<b>Heat 2 of 2 Prelims</b>					
1	3402	Jaiden King	11	Montesano	52.96
2	3120	Ella Zimmerman	11	Columbia (Wh	50.58
3	3119	Chanele Reyes	12	Columbia (Wh	49.43
4	3024	Eleeshiyah Faulkner	12	Blaine	45.86
5	3534	Joceline Schaapman	11	Quincy	48.37
6	3307	Maggie Keenan	10	Klahowya	49.41
7	3347	Joselyn Ryder	11	Life Christi	49.95
8	3101	Lauren Green	12	College Place	52.99

**2022 WIAA 1B, 2B, 1A Track & Field Champ. - 5/26/2022 to 5/28/2022**  
**Eastern Washington University - Cheney, Wash.**  
**Meet Program**

**Event 109 Girls 4x100 Meter Relay 1A****8 Advance: Top 1 Each Heat plus Next 6 Best Times****Friday 5/27/2022 - 12:40 PM**

<b>National:</b>	<b>44.24</b>	<b>2019</b>	<b>DeSoto (Texas)</b>
<b>WIAA Meet:</b>	<b>46.90</b>	<b>2014</b>	<b>Federal Way</b>
<b>1A Meet:</b>	<b>49.07</b>	<b>2015</b>	<b>Lynden Christian</b>
<b>2019 1st:</b>	<b>49.11</b>		<b>Okanogan</b>
<b>2019 2nd:</b>	<b>49.49</b>		<b>King's</b>
<b>2019 3rd:</b>	<b>50.08</b>		<b>Northwest</b>

Lane	Comp#	Team	Relay	Seed Time
<b>Heat 1 of 2 Prelims</b>				
1		King's		53.19
	1) #3289	Grace Hansen 11	2) #3283 Ellie Bear 9	3) #3292 Emily Lindblad 12
	5) #3291	Therese Lewis 10	6) #3286 Carla Costa 12	4) #3285 Adrianna Coleman 11
2		Port Townsend (East Jefferso		53.16
	1) #3525	Addy Asbell 10	2) #3532 Stephanie Sanchez 11	3) #3530 Audrey Matthes 10
	5) #3527	Kay Botkin 9	6) #3529 Camryn Hines 11	4) #3526 Aurin Asbell 12
3		Montesano		52.30
	1) #3405	Dekotah Parks 9	2) #3398 Sierra Birdsall 12	3) #3400 Lilly Causey 11
	5) #3404	Alayna Olson 10	6) #3402 Jaiden King 11	4) #3403 Jaiden Morrison 12
4		Deer Park		49.83
	1) #3168	Ellie Levy 11	2) #3165 Lauren Bonner 11	3) #3170 Maya Tucker 10
	5) #3169	Gracelynn Martinson 16	6) #3167 Saorise Killian 10	4) #3166 Ella Carnahan 11
5		Nooksack Valley		52.15
	1) #3452	Faith Bartl 11	2) #3457 Kate Shintafer 9	3) #3455 Tehya Moore 12
	5) #3454	Charlize Miller 9	6) #3456 Emily Perry 11	4) #3453 Kate Desilets 11
6		Bellevue Christian		52.79
	1) #3013	Emily DeJonge 9	2) #3018 Natalie Lange 11	3) #3014 Katelyn DeJonge 12
	5) #3016	Rachel Fennell 9	6) #3020 Abbie Nienaber 9	4) #3015 Mia DeJonge 12
7		Lynden Christian		52.83
	1) #3360	Sierra Kruyswijk 12	2) #3368 Avery Vanweerdhuizen 3)	3) #3358 Josie Hendricks 9
	5) #3365	Kenna Van Dalen 12	6) #3364 Reagan Schouten 12	4) #3366 Alissa VanderHaak 11
8		Wahluke		56.09
	1) #3683	Olga Bravo 11	2) #3688 Belicia Saldana 11	3) #3684 Yulissa Gallaga 10
	5) #3687	Abigail Nieves 12	6) #3685 Hayley Mendoza 11	4) #3689 Vanessa Valdespino 12

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1	<b>Royal</b>				54.68
	1) #3575 Samantha Fitzhugh 11	2) #3576 Briana Guerrero 9	3) #3578 Haley Piercy 11	4) #3574 Ivy Delay 11	
	5) #3573 Alexa Carrasco-Morfin 6	6) #3572 Jaelyn Allen 9			
2	<b>Zillah</b>				52.95
	1) #3716 Alaina Garza 9	2) #3717 Kassandra Garza 12	3) #3719 Mia Hicks 10	4) #3720 Elizabeth Walle 9	
	5) #3718 Alexandra Harris 10	6) #3715 Moriah Cantu 10			
3	<b>Vashon Island</b>				52.66
	1) #3678 Annabelle Moeckel 9	2) #3677 Amelia Medeiros 10	3) #3676 Nicki Becker 12	4) #3675 Alana Bass 10	
	5) #3680 Madeline Yarkin 10	6) #3679 Alex Waterworth 10			
4	<b>Freeman</b>				51.11
	1) #3227 Elise Watts 10	2) #3225 Aspyn Reed 9	3) #3226 Naomi Turk 11	4) #3222 Megan Flaig 10	
	5) #3221 Alena Cochran 9				
5	<b>Columbia (White Salmon)</b>				51.47
	1) #3119 Chanele Reyes 12	2) #3113 Sequoia Cohen 9	3) #3116 Piper Hicks 11	4) #3117 Hannah Polkinghorn 12	
6	<b>King's Way Christian</b>				52.68
	1) #3294 Hannah Erwin 10	2) #3295 Kaci Krippner 12	3) #3299 Tasi Smith 9	4) #3296 Grace Mayhugh 11	
	5) #3297 Melody Muntz 11	6) #3298 Bridget Quinn 9			
7	<b>Meridian (Wa)</b>				52.90
	1) #3394 Jerisa Sandlund 12	2) #3392 Sofia Brooks 9	3) #3397 Mayah Torok 12	4) #3395 Erica Stotts 10	
	5) #3391 Morgan Adams 10	6) #3396 Emilee Swanson 11			
8	<b>Cashmere</b>				53.33
	1) #3062 Molly Smith 10	2) #3063 Sadie Smith 11	3) #3055 Adysen Bjorklund 9	4) #3058 Elisa DeJesus 12	
	5) #3064 Naomi Valle 10	6) #3060 Allyson Kitchel 9			



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**Meet Program**

**Event 110 Girls 4x200 Meter Relay 1A****8 Advance: Top 1 Each Heat plus Next 6 Best Times****Friday 5/27/2022 - 10:00 AM**

<b>National:</b>	<b>1:33.87</b>	<b>2004</b>	<b>Long Beach Poly (Calif.)</b>
<b>WIAA Meet:</b>	<b>1:39.12</b>	<b>1983</b>	<b>Garfield</b>
<b>1A Meet:</b>	<b>1:43.69</b>	<b>2017</b>	<b>Meridian</b>
<b>2019 1st:</b>	<b>1:44.40</b>		<b>Okanogan</b>
<b>2019 2nd:</b>	<b>1:45.43</b>		<b>Cashmere</b>
<b>2019 3rd:</b>	<b>1:46.61</b>		<b>Coupeville</b>

Lane	Comp#	Team	Relay	Seed Time
<b>Heat 1 of 2 Prelims</b>				
1		Montesano		1:48.55
	1) #3404	Alayna Olson 10	2) #3400 Lilly Causey 11	3) #3398 Sierra Birdsall 12
	5) #3405	Dekotah Parks 9	6) #3402 Jaiden King 11	4) #3403 Jaiden Morrison 12
2		Nooksack Valley		1:50.18
	1) #3452	Faith Bartl 11	2) #3457 Kate Shintafer 9	3) #3455 Tehya Moore 12
	5) #3454	Charlize Miller 9	6) #3456 Emily Perry 11	4) #3453 Kate Desilets 11
3		Freeman		1:50.24
	1) #3227	Elise Watts 10	2) #3226 Naomi Turk 11	3) #3225 Aspyn Reed 9
	5) #3221	Alena Cochran 9	6) #3224 Helen Locke 11	4) #3222 Megan Flaig 10
4		King's		1:51.14
	1) #3289	Grace Hansen 11	2) #3284 Madelyn Biederman 9	3) #3291 Therese Lewis 10
	5) #3286	Carla Costa 12	6) #3283 Ellie Bear 9	4) #3293 Regan Parnell 11
5		Meridian (Wa)		1:51.40
	1) #3394	Jerisa Sandlund 12	2) #3392 Sofia Brooks 9	3) #3391 Morgan Adams 10
	5) #3393	Ellie DeWaard 12	6) #3397 Mayah Torok 12	4) #3395 Erica Stotts 10
6		Connell		1:52.92
	1) #3137	Emily Vanburen 10	2) #3131 Morgan Jenks 11	3) #3133 Kyla McGary 10
	5) #3132	Natalie Jenks 9	6) #3129 Brandy Ferguson 10	4) #3130 Madalyn Jenks 12
7		Cashmere		1:53.77
	1) #3062	Molly Smith 10	2) #3063 Sadie Smith 11	3) #3055 Adysen Bjorklund 9
	5) #3058	Elisa DeJesus 12	6) #3060 Allyson Kitchel 9	4) #3056 Kaitlyn Bjorklund 11
8		Port Townsend (East Jefferso		1:56.18
	1) #3525	Addy Asbell 10	2) #3530 Audrey Matthes 10	3) #3531 Lia Poore 12
	5) #3527	Kay Botkin 9	6) #3532 Stephanie Sanchez 11	4) #3529 Camryn Hines 11

**2022 WIAA 1B, 2B, 1A Track & Field Champ. - 5/26/2022 to 5/28/2022****Eastern Washington University - Cheney, Wash.****Meet Program****Heat 2 of 2 Prelims...(Event 110 Girls 4x200 Meter Relay 1A)**

1	<b>Cascade Christian</b>				1:49.00
	1) #3046 Isabella Hector 11	2) #3048 Jaylah Laurence 11	3) #3050 Reese Nader 9	4) #3047 Kennedy Johnson 12	
	5) #3045 Cassidy Collins 12	6) #3053 Gracelynn Zetterberg 9			
2	<b>Deer Park</b>				1:49.79
	1) #3170 Maya Tucker 10	2) #3165 Lauren Bonner 11	3) #3169 Gracelynn Martinson 14	4) #3166 Ella Carnahan 11	
	5) #3168 Ellie Levy 11	6) #3167 Saorise Killian 10			
3	<b>Bellevue Christian</b>				1:50.47
	1) #3013 Emily DeJonge 9	2) #3018 Natalie Lange 11	3) #3014 Katelyn DeJonge 12	4) #3015 Mia DeJonge 12	
	5) #3016 Rachel Fennell 9	6) #3019 Olivia Lee 9			
4	<b>King's Way Christian</b>				1:50.58
	1) #3294 Hannah Erwin 10	2) #3295 Kaci Krippner 12	3) #3296 Grace Mayhugh 11	4) #3298 Bridget Quinn 9	
	5) #3297 Melody Muntz 11	6) #3299 Tasi Smith 9			
5	<b>Lynden Christian</b>				1:51.91
	1) #3360 Sierra Kruyswijk 12	2) #3367 Lilly VanHofwegen 9	3) #3358 Josie Hendricks 9	4) #3366 Alissa VanderHaak 11	
	5) #3365 Kenna Van Dalen 12	6) #3369 Alina Veltkamp 10			
6	<b>Columbia (White Salmon)</b>				1:52.33
	1) #3116 Piper Hicks 11	2) #3115 Saylor Hauge 9	3) #3114 Maribeth Fies 12	4) #3113 Sequoia Cohen 9	
7	<b>Royal</b>				1:54.24
	1) #3575 Samantha Fitzhugh 11	2) #3573 Alexa Carrasco-Morfin 3	3) #3574 Ivy Delay 11	4) #3576 Briana Guerrero 9	
	5) #3578 Haley Piercy 11	6) #3579 Jara Rodriguez 10			
8	<b>Wahluke</b>				1:55.65
	1) #3686 Victoria Mendoza 11	2) #3683 Olga Bravo 11	3) #3684 Yulissa Gallaga 10	4) #3689 Vanessa Valdespino 12	
	5) #3687 Abigail Nieves 12	6) #3682 Carmen Barbosa 11			

## 2022 WIAA 1B, 2B, 1A Track &amp; Field Champ. - 5/26/2022 to 5/28/2022

Eastern Washington University - Cheney, Wash.

## Meet Program

## Event 111 Girls 4x400 Meter Relay 1A

8 Advance: Top 1 Each Heat plus Next 6 Best Times

Friday 5/27/2022 - 5:15 PM

National: 3:35.49 2004 Long Beach Poly (Calif.)

WIAA Meet: 3:46.36 2017 Union

1A Meet: 3:59.00 2017 Freeman

2019 1st: 4:04.20 King's

2019 2nd: 4:06.03 Cascade (Leavenworth)

2019 3rd: 4:06.31 Lynden Christian

Lane	Comp#	Team	Relay	Seed Time	
<b>Heat 1 of 2 Prelims</b>					
1		Lakeside (Nine Mile)		4:24.59	
	1) #3333	Sadie Meyring 9	2) #3327 Mikayla Buckley 11	3) #3329 Hannah Higen 11	4) #3334 Matisie Mulch 12
	5) #3330	Jaidynn MacDonal 11	6) #3332 Maria Marquez	Guitart	
2		Klahowya		4:24.07	
	1) #3309	Natalie Oathout 9	2) #3307 Maggie Keenan 10	3) #3306 Kylie Franklin 12	4) #3310 Olivia Wildes 12
	5) #3308	Amelia Mayes 10	6) #3305 Alison Fletcher	10	
3		Eastside Preparatory		4:21.38	
	1) #3183	Phoebe Bryar 10	2) #3184 Mia Tippett 12	3) #3180 Celeste Bell 11	4) #3179 Ella Allgor 12
	5) #3185	Kimberly Zhao 9	6) #3181 Saina Bhatt 9		
4		Cascade (Leavenworth)		4:14.06	
	1) #3038	Teyva Dillon 9	2) #3041 Maizy Groff 9	3) #3043 Lauren Muscutt 12	4) #3044 Morgan Thomas 9
	5) #3040	Finna Gillikan 10	6) #3039 Madeline Gillespie	12	
5		Castle Rock		4:18.17	
	1) #3066	Samantha Farland 11	2) #3071 Brooke Wirkkala 12	3) #3068 Casie Kleine 9	4) #3069 Myah Manzano 9
	5) #3067	Paige Kessler 11	6) #3070 Kaitlyn Meyers 10		
6		Seton Catholic		4:18.22	
	1) #3593	Alexis Leone 10	2) #3594 Abigail Wall 12	3) #3591 Maddie Chase 11	4) #3589 Lara Carrion 12
	5) #3592	Avery Garrison 10			
7		Seattle Academy		4:23.14	
	1) #3585	Anika Segall 12	2) #3582 Ellie Candell 9	3) #3583 Sadie Honig 9	4) #3586 Delphine Way 11
	5) #3580	Rhiana Bretl 11	6) #3581 Madeleine Bunnell	12	
8		College Place		4:47.68	
	1) #3103	Katherine Prince 9	2) #3104 Chloe Svlich 10	3) #3105 Menara Toomey 9	4) #3098 Vianky Amparo 12
	5) #3099	Emma Darnold 12	6) #3100 Alexis Fadness 10		

**2022 WIAA 1B, 2B, 1A Track & Field Champ. - 5/26/2022 to 5/28/2022****Eastern Washington University - Cheney, Wash.****Meet Program****Heat 2 of 2 Prelims...(Event 111 Girls 4x400 Meter Relay 1A)**

1	Medical Lake			4:33.51
	1) #3388 Kayla Ramsey 11	2) #3379 Jenna Castro 11	3) #3384 Katie Hiatt 12	4) #3382 Grace Grubaugh 12
	5) #3387 Allison Payne 12	6) #3381 Adasha Gardner 9		
2	Naches Valley			4:23.30
	1) #3439 Audrey Smith 10	2) #3437 Brooke Miles 10	3) #3438 Allison Smith 11	4) #3435 Katrina Feriante 11
	5) #3434 Danika Ferante 9	6) #3440 Abby Thomas 9		
3	Columbia (White Salmon)			4:18.29
	1) #3117 Hannah Polkinghorn 12	2) #3115 Saylor Hauge 9	3) #3119 Chanele Reyes 12	4) #3120 Ella Zimmerman 11
4	Bellevue Christian			4:15.72
	1) #3018 Natalie Lange 11	2) #3013 Emily DeJonge 9	3) #3020 Abbie Nienaber 9	4) #3019 Olivia Lee 9
	5) #3016 Rachel Fennell 9	6) #3022 Brielle Weedman 9		
5	Cascade Christian			4:17.67
	1) #3047 Kennedy Johnson 12	2) #3050 Reese Nader 9	3) #3045 Cassidy Collins 12	4) #3046 Isabella Hector 11
	5) #3052 Mia Parsons 10	6) #3051 Jazmine Ocbian 12		
6	King's			4:18.54
	1) #3289 Grace Hansen 11	2) #3291 Therese Lewis 10	3) #3284 Madelyn Biederman 9	4) #3287 Grace Echelbarger 12
	5) #3290 Sophia Inglin 9	6) #3288 Kate Gerspacher 11		
7	Lynden Christian			4:23.98
	1) #3361 Katrina Luce 12	2) #3360 Sierra Kruyswijk 12	3) #3355 Ava Decker 12	4) #3368 Avery Vanweerdhuizen
	5) #3358 Josie Hendricks 9	6) #3357 Maya Ewing 12		
8	Connell			4:25.50
	1) #3137 Emily Vanburen 10	2) #3131 Morgan Jenks 11	3) #3133 Kyla McGary 10	4) #3130 Madalyn Jenks 12
	5) #3132 Natalie Jenks 9	6) #3134 Nevaeh Poulson 9		

**Event 112 Girls Long Jump 1A****Friday 5/27/2022 - 10:00 AM**

**National: 22-01.75 1976**  
**WIAA Meet: 20-01.25 2017**  
**1A Meet: 19-09.25 1977**  
**2019 1st: 18-01**  
**2019 2nd: 18-01**  
**2019 3rd: 17-02.75**

**Kathy McMillan, Raeford (N.C.)**  
**Wurrie Njadoo, Shorecrest**  
**Patsy Walker, Yelm**  
**Alma Manzo, Connell**  
**Kendra Sachse, Okanogan**  
**Jaxyn Farmen, Medical Lake**

Pos	Comp#	Name	Year	School	Seed Mark
<b>Flight 1 of 2 Finals</b>					
1	3369	Alina Veltkamp	10	Lynden Christian	14-07.00
2	3050	Reese Nader	9	Cascade Christian	15-04.00
3	3286	Carla Costa	12	King's	15-04.25
4	3575	Samantha Fitzhugh	11	Royal	15-05.00
5	3503	Alyssa Davis	11	Omak	15-06.00
6	3455	Tehya Moore	12	Nooksack Valley	15-06.75
7	3389	Sophie Salinas-Sanders	12	Medical Lake	15-11.00
8	3675	Alana Bass	10	Vashon Island	16-00.00
<b>Flight 2 of 2 Finals</b>					
1	3071	Brooke Wirkkala	12	Castle Rock	16-02.00
2	3717	Kassandra Garza	12	Zillah	16-03.50
3	3125	Kaelyn Malone	11	Colville	16-03.50
4	3048	Jaylah Laurence	11	Cascade Christian	16-05.00
5	3295	Kaci Krippner	12	King's Way C	16-06.00
6	3097	Mya Adams	11	College Place	16-07.50
7	3311	Shaela Bradley	10	La Center	16-09.00
8	3011	Braelyn Baker	10	Bear Creek	16-10.00

## 2022 WIAA 1B, 2B, 1A Track &amp; Field Champ. - 5/26/2022 to 5/28/2022

Eastern Washington University - Cheney, Wash.

## Meet Program

## Event 113 Girls Triple Jump 1A

Saturday 5/28/2022 - 12:40 PM

National: 44-10 2019

WIAA Meet: 41-10.25 2015

1A Meet: 39-03.50 2017

2019 1st: 37-04

2019 2nd: 35-10.50

2019 3rd: 35-04

Jasmine Moore, Mansfield (Texas)

Chinne Okoronkwo, Mountlake Terrace

Summer Welch, Naches Valley

Jaxyn Farmen, Medical Lake

Tehya Moore, Nooksack Valley

Grace Erdmann, Cashmere

Pos	Comp#	Name	Year	School	Seed Mark
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## Flight 1 of 2 Finals

1	3013	Emily DeJonge	9	Bellevue Christian	30-01.50
2	3439	Audrey Smith	10	Naches Valley	30-03.75
3	3404	Alayna Olson	10	Montesano	31-01.50
4	3401	Ashlyn Devereaux	11	Montesano	31-05.00
5	3014	Katelyn DeJonge	12	Bellevue Christian	31-10.75
6	3531	Lia Poore	12	Port Townsen	32-02.00
7	3386	Chiche Okemgbo	10	Medical Lake	32-04.75
8	3716	Alaina Garza	9	Zillah	32-07.50

## Flight 2 of 2 Finals

1	3663	Maddie Takamiya	10	University Prep	32-08.25
2	3534	Joceline Schaapman	11	Quincy	33-00.00
3	3071	Brooke Wirkkala	12	Castle Rock	33-01.00
4	3394	Jerisa Sandlund	12	Meridian (Wa)	33-06.00
5	3182	Ella Bowers	12	Eastside Pre	33-06.50
6	3719	Mia Hicks	10	Zillah	34-10.50
7	3128	Jordyn True	11	Colville	35-03.50
8	3455	Tehya Moore	12	Nooksack Valley	36-10.25

## Event 114 Girls Shot Put 1A

Friday 5/27/2022 - 3:00 PM

National: 57-01.25 2017

WIAA Meet: 48-06 2018

1A Meet: 48-04 2016

2019 1st: 41-10

2019 2nd: 38-10.75

2019 3rd: 38-09

Alyssa Wilson, Toms River Donovan (NJ)

Karlee Freeman, Raymond

Jordan Spradlin, Montesano

Tyara Straka, Hoquiam

Olivia Mikkelsen, Lakeside

Allie Eastridge, Okanogan

Pos	Comp#	Name	Year	School	Seed Mark
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## Flight 1 of 2 Finals

1	3073	Sky Cochran	10	Charles Wrig	27-11.00
2	3017	Amelia Greene	11	Bellevue Christian	29-04.00
3	3123	Rylee Dyar	11	Colville	30-11.00
4	3525	Addy Asbell	10	Port Townsen	31-06.50
5	3339	Natalie Overby	10	LaSalle	31-08.00
6	3639	Blessing Ayodeji	10	Sultan	31-09.25
7	3370	Jessa Wynstra	9	Lynden Christian	32-07.00
8	3386	Chiche Okemgbo	10	Medical Lake	33-03.50

## 2022 WIAA 1B, 2B, 1A Track &amp; Field Champ. - 5/26/2022 to 5/28/2022

Eastern Washington University - Cheney, Wash.

## Meet Program

## Flight 2 of 2 Finals...(Event 114 Girls Shot Put 1A)

1	3662	Tatiana Camacho	9	Toppenish	33-05.00
2	3643	Trinity Tafoya	11	Tenino	33-07.50
3	3338	Isabella Kanelopoulos	12	LaSalle	33-08.50
4	3356	Tabby DeJong	10	Lynden Christian	34-03.50
5	3061	Raquel Pedraza	10	Cashmere	34-11.00
6	3118	Jessica Polkinghorn	10	Columbia (Wh	35-06.50
7	3285	Adrianna Coleman	11	King's	35-09.25
8	3265	Tyara Straka	12	Hoquiam	43-10.50

## Event 115 Girls Discus Throw 1A

Saturday 5/28/2022 - 3:00 PM

National: 191-06 2012

WIAA Meet: 173-01 1998

1A Meet: 155-02 2001

Shelbi Vaughan, Mansfield (Texas)

Mandy Borschowa, Mount Si

Cathy Schmidt, Kalama

Pos	Comp#	Name	Year	School	Seed Mark
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## Flight 1 of 2 Finals

1	3049	Sarah Midimo	12	Cascade Christian	87-01
2	3677	Amelia Medeiros	10	Vashon Island	94-10
3	3136	Adrianna Powers	11	Connell	95-09
4	3023	Deja Dube	10	Blaine	96-01
5	3504	Sedeaju' Michel	11	Omak	98-04
6	3073	Sky Cochran	10	Charles Wrig	99-06
7	3312	Grace Clinton	11	La Center	99-07
8	3121	Bayley Benson	11	Colville	100-00

## Flight 2 of 2 Finals

1	3399	Hannah Bruland	11	Montesano	100-01
2	3362	Eva Rasmussen	12	Lynden Christian	100-02
3	3106	Lillian White	9	College Place	102-10
4	3662	Tatiana Camacho	9	Toppenish	103-10
5	3072	Joy Guthrie	11	Cedar Park C	104-04
6	3385	Amblessed Okemgbo	12	Medical Lake	114-00
7	3285	Adrianna Coleman	11	King's	115-04
8	3265	Tyara Straka	12	Hoquiam	124-07

## Event 116 Girls Javelin Throw 1A

Saturday 5/28/2022 - 10:00 AM

National: 185-08 2015

WIAA Meet: 167-09 2011

1A Meet: 153-09 2017

2019 1st: 147-06

2019 2nd: 129-03

2019 3rd: 128-07

Madison Wiltrout, Connellsville (Pa.)

Christine Kirkwood, Othello

Ashton Riner, Connell

Kendra Sachse, Okanogan

Lauren Desmarais, La Salle

Tiana Watson, Goldendale

Pos	Comp#	Name	Year	School	Seed Mark
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## Flight 1 of 2 Finals

1	3022	Brielle Weedman	9	Bellevue Christian	81-07
2	3577	Jessi Phillips	10	Royal	87-08
3	3528	Ellise Gardner	10	Port Townsend	91-09
4	3345	Grace Mattson	9	Life Christi	94-05
5	3386	Chiche Okemgbo	10	Medical Lake	98-00
6	3457	Kate Shintafer	9	Nooksack Valley	98-07
7	3662	Tatiana Camacho	9	Toppenish	99-09
8	3122	Maleah Danford	11	Colville	99-11

**2022 WIAA 1B, 2B, 1A Track & Field Champ. - 5/26/2022 to 5/28/2022****Eastern Washington University - Cheney, Wash.****Meet Program****Flight 2 of 2 Finals...(Event 116 Girls Javelin Throw 1A)**

1	3285	Adrianna Coleman	11	King's	100-10
2	3102	Morgan Hafen	12	College Place	102-11
3	3118	Jessica Polkinghorn	10	Columbia (Wh	103-00
4	3065	Kynsi Bayes	10	Castle Rock	106-04
5	3401	Ashlyn Devereaux	11	Montesano	106-05
6	3012	Quinn Smith	10	Bear Creek	106-06
7	3061	Raquel Pedraza	10	Cashmere	108-03
8	3359	Tessa Hollander	11	Lynden Christian	110-11

**Event 117 Girls High Jump 1A****Thursday 5/26/2022 - 4:00 PM****National: 6-04.50 2015****WIAA Meet: 6-01 1983****1A Meet: 5-10.75 1979****2019 1st: 5-05****2019 2nd: 5-03****2019 3rd: 5-00****Vashti Cunningham, Bishop Gorman (Nev.)****Mary Moore, Issaquah****Carina Westover, Kiona-Benton****Ellie Saunders, Seton Catholic****Jerrica Pahl, Seton Catholic****by 3, inc. Brooke Wirkkala, Castle Rock**

<b>Pos</b>	<b>Comp#</b>	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Mark</b>
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**Flight 1 of 1 Finals**

1	3021	Lexi Salazar	10	Bellevue Christian	4-04.00
2	3383	Kiyah Hatcher	10	Medical Lake	4-06.00
3	3436	Kayla Krueger	9	Naches Valley	4-06.00
4	3097	Mya Adams	11	College Place	4-08.00
5	3187	Meara Baxter	10	Elma	4-08.00
6	3674	Indigo Assink	12	Vashon Island	4-08.00
7	3676	Nicki Becker	12	Vashon Island	4-08.00
8	3071	Brooke Wirkkala	12	Castle Rock	4-10.00
9	3059	Alayna Groce	11	Cashmere	4-10.00
10	3616	Ella Pozarycki	10	South Whidbey	4-10.00
11	3717	Kassandra Garza	12	Zillah	4-10.00
12	3640	Joy Ayodeji	10	Sultan	4-11.00
13	3355	Ava Decker	12	Lynden Christian	5-00.00
14	3220	Stephanie Chaddock	11	Freeman	5-01.00
15	3067	Paige Kessler	11	Castle Rock	5-02.00
16	3421	Trinity Anderson	12	Mount Baker	5-02.00

## 2022 WIAA 1B, 2B, 1A Track &amp; Field Champ. - 5/26/2022 to 5/28/2022

Eastern Washington University - Cheney, Wash.

## Meet Program

## Event 118 Girls Pole Vault 1A

Friday 5/27/2022 - 4:00 PM

National: 14-04 2017

WIAA Meet: 14-00 2019

1A Meet: 13-00.50 2016

2019 1st: 11-03

2019 2nd: 11-00

2019 3rd: 10-09

Rachel Baxter, Anaheim Canyon (Calif.)

Chloe Cunliffe, West Seattle

Elli Kimes, Cashmere

Julia Armstrong, Cascade (Leavenworth)

Elly Collins, Chelan

Jordyn Tuning, La Salle

Pos	Comp#	Name	Year	School	Seed Mark
<b>Flight 1 of 1 Finals</b>					
1	3590	Virginia Carrion	10	Seton Catholic	7-06.00
2	3680	Madeline Yarkin	10	Vashon Island	7-06.00
3	3263	Katrina Jones	11	Hoquiam	7-06.00
4	3575	Samantha Fitzhugh	11	Royal	7-06.00
5	3304	Alonna Armstrong	12	Klahowya	8-00.00
6	3436	Kayla Krueger	9	Naches Valley	8-00.00
7	3186	Alex Lambert	12	Eatonville	8-02.00
8	3615	Sierra Muller	9	South Whidbey	8-06.00
9	3363	Ryleigh Schmitt	12	Lynden Christian	8-06.00
10	3439	Audrey Smith	10	Naches Valley	8-06.00
11	3021	Lexi Salazar	10	Bellevue Christian	8-06.00
12	3584	Eva Ortiz	9	Seattle Academy	8-09.00
13	3335	Peyton Schimmels	12	Lakeside (Ni	9-00.00
14	3057	Ava Courtney	11	Cashmere	9-00.00
15	3331	Melissa Mace	11	Lakeside (Ni	9-03.00
16	3293	Regan Parnell	11	King's	10-04.00