



		CTUCK	B PIKE	A STRAIGHT	D FREE			CTUCK	B PIKE	A STRAIGHT	D FREE
<b>FORWARD DIVES</b>											
	101 Forward Dive	1.2	1.3	1.4	—	<b>TWIST DIVES</b>	5124 Forward 1 SS, 2 Twists	—	—	—	2.3
	102 Forward 1 SS	1.4	1.5	1.6	—		5126 Forward 1 SS, 3 Twists	—	—	—	2.8
	103 Forward 1 1/2 SS	1.6	1.7	2.0	—		5131 Forward 1 1/2 SS, 1/2 Twist	—	—	—	2.0
	104 Forward 2 SS	2.2	2.3	2.6	—		5132 Forward 1 1/2 SS, 1 Twist	—	—	—	2.2
	105 Forward 2 1/2 SS	2.4	2.6	—	—		5134 Forward 1 1/2 SS, 2 Twists	—	—	—	2.6
	106 Forward 3 SS	2.9	3.2	—	—		5136 Forward 1 1/2 SS, 3 Twists	—	—	—	3.1
	107 Forward 3 1/2 SS	3.0	3.3	—	—		5152 Forward 2 1/2 SS, 1 Twist	3.0	3.2	—	—
	112 Forward Flying 1 SS	1.6	1.7	—	—		5211 Back Dive, 1/2 Twist	—	—	1.8	—
	113 Forward Flying 1 1/2 SS	1.8	1.9	—	—		5212 Back Dive, 1 Twist	—	—	2.0	—
<b>BACK DIVES</b>											
	201 Back Dive	1.5	1.6	1.7	—		5221 Back 1 SS, 1/2 Twist	—	—	—	1.7
	202 Back 1 SS	1.5	1.6	1.7	—		5222 Back 1 SS, 1 Twist	—	—	—	1.9
	203 Back 1 1/2 SS	2.0	2.3	2.5	—		5223 Back 1 SS, 1 1/2 Twists	—	—	—	2.3
	204 Back 2 SS	2.0	2.3	—	—		5225 Back 1 SS, 2 1/2 Twists	—	—	—	2.7
	205 Back 2 1/2 SS	3.0	3.2	—	—		5227 Back 1 SS, 3 1/2 Twists	—	—	—	3.2
<b>REVERSE DIVES</b>											
	301 Reverse Dive	1.6	1.7	1.8	—		5231 Back 1 1/2 SS, 1/2 Twist	—	—	—	2.1
	302 Reverse 1 SS	1.6	1.7	1.8	—		5233 Back 1 1/2 SS, 1 1/2 Twists	—	—	—	2.5
	303 Reverse 1 1/2 SS	2.1	2.4	2.7	—		5235 Back 1 1/2 SS, 2 1/2 Twists	—	—	—	2.9
	304 Reverse 2 SS	2.1	2.4	2.9	—		5251 Back 2 1/2 SS, 1/2 Twist	2.7	2.9	—	—
	305 Reverse 2 1/2 SS	3.0	3.2	—	—		5311 Reverse Dive, 1/2 Twist	—	—	1.9	—
<b>INWARD DIVES</b>											
	401 Inward Dive	1.4	1.5	1.8	—		5312 Reverse Dive, 1 Twist	—	—	2.1	—
	402 Inward 1 SS	1.6	1.7	2.0	—		5321 Reverse 1 SS, 1/2 Twist	—	—	—	1.8
	403 Inward 1 1/2 SS	2.2	2.4	—	—		5322 Reverse 1 SS, 1 Twist	—	—	—	2.0
	404 Inward 2 SS	2.8	3.0	—	—		5323 Reverse 1 SS, 1 1/2 Twists	—	—	—	2.4
	405 Inward 2 1/2 SS	3.1	3.4	—	—		5325 Reverse 1 SS, 2 1/2 Twists	—	—	—	2.8
	412 Inward Flying SS	2.0	2.1	—	—		5331 Reverse 1 1/2 SS, 1/2 Twist	—	—	—	2.2
	413 Inward Flying 1 1/2	2.7	2.9	—	—		5333 Reverse 1 1/2 SS, 1 1/2 Twists	—	—	—	2.6
<b>TWIST DIVES</b>											
	5111 Forward Dive, 1/2 Twist	1.6	1.7	1.8	—		5335 Reverse 1 1/2 SS, 2 1/2 Twists	—	—	—	3.0
	5112 Forward Dive, 1 Twist	—	1.9	2.0	—		5351 Reverse 2 1/2 SS, 1/2 Twists	2.7	2.9	—	—
	5121 Forward 1 SS, 1/2 Twist	—	—	—	1.7		5411 Inward Dive, 1/2 Twist	—	1.7	2.0	—
	5122 Forward 1 SS, 1 Twist	—	—	—	1.9		5412 Inward Dive, 1 Twist	—	1.9	2.2	—
							5421 Inward 1 SS, 1/2 Twist	—	—	—	1.9
							5422 Inward 1 SS, 1 Twist	—	—	—	2.1
							5432 Inward 1 1/2 SS, 1 Twist	—	—	—	2.7
							5434 Inward 1 1/2 SS, 2 Twists	—	—	—	3.1
							Dive C B A D No. Tuck Pike Straight Free				
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