



WIAA Football Coaches Training

WIAA Middle School and High School Football Coaches Training Requirement

Based on recommendations from the National Federation of High Schools (NFHS) and the WIAA Sports Medicine Advisory Committee, the WIAA Executive Board has passed a resolution that requires all WIAA member school football coaches to receive football specific safety training.

The Rule – WIAA Handbook:

23.3.1 COACHING REQUIREMENTS - Described below are the minimum standards for a paid and/or volunteer interscholastic coach for employment, progressive employment and continuous employment

23.3.1 F - All Middle School and High School football coaches must complete school-district approved technique specific safety training similar to “Heads Up Football”. The training must include but is not limited to Safer Tackling Techniques and Drills, Helmet and Shoulder Pad fitting, Concussion management with Return to Play Protocols following a concussion, Head and Hydration training and Sudden Cardiac Arrest training. Football coaches will be required to repeat this training every three years.

Implementation:

Beginning with the Fall of 2015 all middle school and high school head coaches must meet the requirement.

Beginning with the Fall of 2016 all football coaches must meet the requirement.

Options for schools:

Any coach that successfully completes a USA Football “Heads Up Football” Player Safety Coach (PSC) clinic will meet the requirement.

If a coach from the school successfully completes the Player Safety Coach clinic and then trains other coaches from that school in each of the components, each coach trained would meet the requirement.

Schools may choose to use programs other than Heads Up Football. Schools should pre-approve these programs and have documentation to show that each component of the requirement has been met.